

USMS CONNECTICUT 2005 SCY Championship

**AT EAST LYME AQUATICS CENTER
EAST LYME, CT**

Sanctioned by the Conn Masters LMSC for USMS, Inc. # TBA

This Annual Meet is to honor long time CONN Masters Swimmers Dot Donnelly and Gus Langner.

Date and Time

Sunday May 1 2005

Warm-up: 8:00 AM

Meet begins at 9:00 AM

Meet Director: Jack Stabach, 860-691-4681 days

Or, jack.stabach@eastlymeschools.org

Facility

East Lyme Aquatic Center, located adjacent to the East Lyme High School, East Lyme CT. This is a 25 yard, 8 lane facility and has a Colorado Electronic Timing System.

Order of Events

1. 200 Freestyle
2. 200 IM
3. 50 Breast
4. 100 Back
5. 50 Freestyle
6. 50 Fly
7. 200 MR
8. 200 Backstroke
9. 200 Breast
10. 100 Fly
11. 100 IM
12. 500 Freestyle *
13. 200 Fly
14. 50 Back
15. 100 Free
16. 100 Breast
17. 1000 Free*
18. 4 x 50 Free

*Swimmers must provide their own counters.

** Relay Times will be reported in accordance to USMC criteria

Eligibility & Registration

Open to current USMS Registered 2004 Masters Swimmers. All entrants must read & sign the USMS liability release waiver before competing. USMS registration will be available on race day.

Entries & Fees

Entries must be postmarked by Monday, April 25, 2005 or delivered by April 28. The Fee for the total meet is \$18.00 including relays.

Deck entries are not encouraged but will be accepted until

7:45am SHARP, no entries will be accepted after this time.

Fee for deck entries is \$25 + \$3 per individual event.

An entrant may participate in 5 individual events. Relay entries must be indicated on a 3x5-file card with team name, event #, seed time, member names, gender & ages. Relays can be deck entries & cards must be given to the registration desk 3 events prior to the start of that relay.

Please detach & mail the registration form along with your payment and a copy of your USMS card.

.....detach here and mail.....

Entry Form (please print)

Name: _____ USMS#.....

Address:

Phone: Club Name:.....

DOB:.....

AGE: (as of 5/6/01) Female Male (*circle*)

Event # _____ Seed Time.....

Event # _____ Seed Time.....

Event # _____ Seed Time.....

Event # _____ Seed Time.....

Event # _____ Seed Time.....

Make Checks payable to: **ELBOE Special Account**

Mail this entry form, Check and copy of current USMS card to:
Gaile Greenwood, 114 Bayview Rd., Niantic, CT,06357

Directions:

From points East:

Route 95 S to exit 75, Right @ Stop Light; travel approx. 3 tenths of a mile turn left into East Lyme High School. Pool on left side.

From points North:

Route 395 to 95 S, immediately follow directions above.

From Hartford, Colchester:

Route 2 E to Route 11, Left onto Route 82, Right at light onto Route 85, Right onto Route 161, After passing Golf Course look for High School on right. (Flanders Fish House, you have gone too far)

From points South:

Route 95 to Exit 74, Left at light, after next stop light, travel approx. 3 tenths of a mile, turn left into East Lyme High School. Pool on left side

The post-meet Loaves & Fishes gathering will be a time to celebrate our season together and to attend the annual Conn Masters Meeting. Please plan on joining us..